

WHO WHY?

Learning How To Learn



For anyone who wants to examine how they actually learn; what helps, what hinders, and how different learning strategies might work better than existing habitual methods.

Outcomes

- Greater understanding of your existing learning strategy, and how effective it is
- Awareness of, and opportunity to try, new ways of learning
- Tailor a blend of learning approaches for different learning requirements
- Help others assess and if necessary adjust their learning approach

Content

- Case work: how do you (think you) learn?
- The learning process
- Learning models
- Reflection, & case work revisited

Learning Approaches



core learning input



paired & group activities



tools & templates



your ideas & suggestions



self-assessment questionnaire

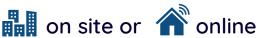


case work



reflection & consolidation





I keep nagging the College to use you because you are life changing as a trainer. I hope they get a chance to see it.

> **Senior Tutor** FE College

