effective

WHO & WHY ?

Learning How To Learn

For anyone who wants to examine how they actually learn; what helps, what hinders, and how different learning strategies might work better than existing habitual methods.

Outcomes

✓ Greater understanding of your existing learning strategy, and how effective it is

✓ Awareness of, and opportunity to try, new ways of learning

✓ Tailor a blend of learning approaches for different learning requirements

✓ Help others assess and if necessary adjust their learning approach

Content

• Case work: how do you (think you) learn?

• The learning process

• Learning models

• Reflection, & case work revisited

Learning Approaches

- core learning input
- paired & group activities
- tools & templates
- your ideas & suggestions
- self-assessment questionnaire
- case work
- reflection & consolidation

on site or online

> " I keep nagging the College to use you because you are life changing as a trainer. I hope they get a chance to see it.
>
> Senior Tutor
> FE College "